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DATE: July 31, 2026

TO: All Medicare Advantage and Cost Plans

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SUBJECT: 2026 Medicare Health Outcomes Survey (HOS) HPMS Update and Availability of HOS Data and HOS Reports

This memorandum announces the availability of the following Medicare Health Outcomes Survey (HOS) reports and data for participating Medicare Advantage (MA) organizations and Cost and Demonstration plans:

- 2023-2025 Cohort 26 Medicare HOS Performance Measurement Report
- 2023-2025 Cohort 26 Medicare HOS Star Ratings Validation
- 2023-2025 Cohort 26 Medicare HOS Aggregate Score Analysis
- 2025 Round 28 HEDIS® HOS Effectiveness of Care Report
- 2023-2025 Cohort 26 Medicare HOS Performance Measurement Data

2023-2025 Medicare HOS Cohort 26 Performance Measurement Report

The 2023-2025 Cohort 26 Performance Measurement Report presents results for MA contracts based on data from the Medicare HOS 2023 Cohort 26 Baseline and 2025 Cohort 26 Follow Up surveys. The HOS performance measurement results describe changes in health status over time for beneficiaries in your MA contract. The report includes information on the HOS measures used in the Medicare Star Ratings, as well as additional resources to assist MA plans in quality improvement efforts. Distributed with each MA contract's report is a zip file that includes a summary data file with contract-level responses to each HOS question and demographic data related to the report. HOS summary measures from each report are also included in this file.

2023-2025 Medicare HOS Cohort 26 Star Ratings Validation

The 2023-2025 HOS Star Ratings Validation, available in the HOS module in HPMS, presents high level performance measurement information for MA contracts based on data from the Medicare HOS 2023 Cohort 26 Baseline and 2025 Cohort 26 Follow Up surveys. The HOS Star Ratings Validation includes both display and Star Ratings measures.

2027 Star Ratings Measures

HPMS shows results for the HOS measures, including two HOS and three HEDIS HOS measures used in the 2027 Star Ratings, and one HOS measure for the display page on CMS.gov. The three HOS measures are based on data from 2023-2025 Cohort 26 Performance Measurement (2023 Baseline and 2025 Follow Up), while the three HEDIS HOS measures are based on data from the 2025 Cohort 26 Follow Up and 2025 Cohort 28 Baseline.

<i>Measure</i>	<i>Type</i>
Improving or Maintaining Mental Health (HOS)	Star Ratings
Improving or Maintaining Physical Health (HOS)	Star Ratings
Monitoring Physical Activity (HEDIS HOS)	Star Ratings
Reducing the Risk of Falling (HEDIS HOS)	Star Ratings
Improving Bladder Control (HEDIS HOS)	Star Ratings
Physical Functioning Activities of Daily Living (HOS)	Display Only

2023-2025 Medicare HOS Cohort 26 Aggregate Score Analysis

The 2023-2025 HOS Aggregate Score Analysis reports average Cohort 26 Baseline and Follow Up scores at the contract, state, region, and national levels for several core physical and mental health outcome measures and other HOS indices of functional health status, including:

- Average Physical and Mental Component Summary Scores
- Percentage (%) Reporting Health Now Compared to 1 Year Ago (Better/Same)
- Percentage (%) Reporting Problems with 2 or More Activities of Daily Living (ADLs)
- Percentage (%) Reporting 2 or More Chronic Conditions
- Percentage (%) Reporting Depressive Symptoms
- Percentage (%) Reporting Obesity with 30+ Body Mass Index (BMI)
- Percentage (%) Deceased within 2 Years of Baseline Survey
- Percentage (%) Reporting 7-8 Hours of Actual Sleep
- Percentage (%) Reporting Very Good Overall Sleep Quality

2025 Round 28 HEDIS HOS Effectiveness of Care Report

The 2025 HEDIS HOS Effectiveness of Care Report presents results for MA contracts of the Healthcare Effectiveness Data and Information Set (HEDIS) measures derived from the HOS (the “HEDIS HOS Effectiveness of Care” measures) based on data collected in 2025 from HOS Round 28 surveys (combined Cohort 28 Baseline and Cohort 26 Follow Up data). The report provides MA contracts with the opportunity to evaluate the Star Ratings and other measures in their HEDIS HOS results for the purpose of targeting health improvement interventions. Distributed with each report is a zip file containing contract-level summary data.

Distribution of Reports

Report distribution to MA organizations occurs electronically through HPMS. To access your organization's reports in HPMS, from the top navigation bar select "Quality and Performance," then "HOS," then the specific report type from the dashboard. Performance Measurement reports for Cohorts 23-26, HEDIS HOS Reports for Rounds 25-28, Baseline reports for Cohorts 24-27, and HOS-Modified (HOS-M) reports for years 2021-2024 are currently available in HPMS. The 2025 Cohort 28 HOS Baseline will be available for download by mid-November. Please note that if your MA contract did not participate in 2023-2025 Cohort 26 Performance Measurement or 2025 Round 28 HEDIS HOS, there are no MA contract-specific reports for your organization.

Distribution of HOS Beneficiary Level Data

The 2023-2025 Cohort 26 Medicare HOS Performance Measurement Data and accompanying documentation are the most recent release of beneficiary level HOS data to MA organizations. The HOS data are intended to support quality improvement activities and initiatives.

Due to the extremely sensitive nature of these data, each participating MA contract must obtain their data from the Health Services Advisory Group (HSAG) by contacting the HOS Information and Technical Support at HOS@hsag.com. Please provide your organization's designated recipient of the data, your plan's address, telephone number of the data recipient, and CMS contract number(s). The data are available for distribution to MA contracts at no cost and will be delivered via secure file transfer, formatted as an encrypted CSV (comma-separated values) file.

If you have questions or require additional assistance, please contact HSAG through the HOS Information and Technical Support email listed above or at (888) 880-0077. For policy or program concerns related to the HOS, please email hos@cms.hhs.gov. For a general overview of the Medicare HOS, visit the CMS HOS website at <https://www.cms.gov/data-research/research/health-outcomes-survey>. A full description of the HOS program that includes links to research data files, data users guides, uses of the HOS data, and additional information may be found at www.hosonline.org.